

OCTOBER 2021

Free Family Fun Halloween Activities!



Take a pic of the QR code to be linked to free family activities

Birthday's

- Jamel C. October 1st
- Michael P. October 3rd
- Eddie S. October 4th
- Keyana M. October 6th
- Natasha F. October 13th
- Tenora R. October 17th
- Erin October 17th
- Lorraine S. October 21st
- Annette P. October 21st
- Jay K. October 26th
- Deb B. October 28th
- Faith October 31st

Employment Resources:



Events and Activities

BIRTHDAY CELEBRATION

Date: October 28, 2021
Time: 1:00pm
Please RSVP at the CSP

COMMUNITY MEETING

Date: October 21, 2021
Time: 12:00pm

COMMUNITY MEAL

Date: October 21, 2021
Time: 1:00pm
Please RSVP at the CSP

BINGO

Date: October 14, 2021
Time: 1:00pm

SPADES TOURNAMENT

Date: October 12, 2021
Time: 1:00pm – 3:00pm

BILLIARDS TOURNAMENT

Date: October 19, 2021
Time: 1:00pm – 3:00pm

ARTABILITY OPEN STUDIO TIME

Date: Wednesdays
Time: 12:00pm – 2:00pm

NEW MEMBER HOURS

Tuesday: 10:00am – 3:00pm
Wednesday: 11:00am – 3:00pm
Thursday: 10:00am – 3:00pm

NCSP LAUNDRY:

Please call to reserve a time

Tuesday: 10:00am – 2:00pm
Wednesday: 11:00am – 2:00pm
Thursday: 10:00am – 2:00pm

Community Meeting

The Northside Community Support Program staff recognize the importance of community. During the peak of COVID, monthly conference calls were conducted to give space to members to communicate with leadership. Moving forward, the monthly conference call will be replaced by a Community Meeting to be held in person at the CSP. All members are encouraged to attend and bring ideas to move the CSP into the future.

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Meet Corilyn



Artability group will be led by Corilyn Wagner. Corilyn has been with People Incorporated and the Artability program since 2013. She is

currently pursuing a Masters of Art Therapy at Adler Graduate School working towards becoming a Licensed Professional Clinical Counselor (LPCC) and a board-certified Registered Art Therapist (ATR). She received her Bachelors of Arts from Hamline University in Psychology and Fine Art. Corilyn believes that everyone has the ability to engage creatively to find healing, bring balance, or make changes in their lives. Corilyn strives to integrate authentic and exploratory artistic expression that allows clients to honor their experiences, create their own narratives, and explore more adaptive ways of living. In her free time she enjoys making her own art, doing yoga, and playing with her three Italian greyhound dogs

Top 5 Halloween Movies to Watch

- Hocus Pocus (1993)
- Halloween (1978)
- The Nightmare Before Christmas (1993)
- Scream (1996)
- It (2017)

Artability Open Studio Art Group

The Artability open studio art group at the NCSP will provide a safe and supportive space for you to make art and connect with each other. We offer a variety of creative activities like painting, collage, poetry, creative writing and more.

WHY ART?

Art can help us cultivate hope, bring balance, increase self-confidence, and have fun. We will use art as a tool to envision, reflect, process, find moments of calm, learn from ourselves, and identify creative coping skills. This group is engaging and will include opportunities to share and discuss our creative experience with each other.

Who:

Artability is accessible for all regardless of art experience or ability. Everyone is welcome to participate in Artability!

When:

Wednesdays 12:00pm – 2:00pm

Beginning on September 22, 2021

Supplies:

All supplies will be provided in a variety of mediums! If you have art or writing pieces you have already begun working on, feel free to bring it in. If not, we will provide prompts and ideas for you to get started.

