Day Treatment for Children and Youth Grades K-12

People Incorporated’s Day Treatment provides site-based mental health services for children and youth, grades K-12, who are struggling with functioning at home, in school or in the community due to a serious mental health diagnosis.

What is Day Treatment?

Day Treatment provides three hours per day of site-based psychotherapy and skills training services delivered by a multidisciplinary team. Children and youth either attend from 8am-11am or 12pm-3pm weekdays – throughout the year. The goal is to stabilize the child’s mental health status, develop and improve the child’s independent living and socialization skills, and to enable the child to live in the community.

Who We Serve

- Children and youth, grades K-12
- Children and youth who have attempted lesser intensive interventions that have not been successful (outpatient therapy, in-home skills, etc.)
- Children and youth who have an IQ of 70 or above
Our Services

Group Psychotherapy  Individual Psychotherapy  Group Skills  Family Psychotherapy

Referral Process

Please FAX a Day Treatment referral form, along with supporting documentation (Diagnostic Assessment, Psych Evaluation, IEP Evaluation, etc.) to: 763.331.3039. If deemed potentially eligible – intakes will be scheduled. If you need further assistance – please call 763.331.3033.

› Please note – we are unable to provide Day Treatment services for individuals who have a substance use disorder, Fetal Alcohol Syndrome Disorders, Autism Spectrum Disorder, those with an IQ under 70 or over 18 years of age.

› If you need further assistance – please call 763.331.3033.

People Incorporated is an innovative community provider of vital integrated behavioral and mental health services in the Twin Cities since 1969 with more than 60 programs in 30 locations. Its Training Institute allows the organization to expand its reach – providing virtual trainings beyond Minnesota.